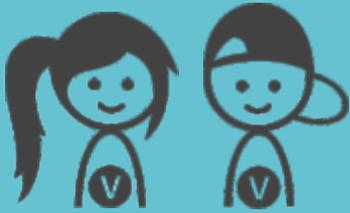




BENJAMÍN

Day care centre



Term project

1st September 2019
– 31st August 2020

Address

SPC N 454/54
794 01 Krnov



Target group

Adults with mental and multiple disabilities who are highly dependent on assistance and care

Activities

Your main task will be to provide individual and personal support to people using Benjamín services. You will support and assist them during practical activities like pottery and textile workshops, gardening, art workshop, sport activities (Boccia). You will accompany them during experiential therapies such as basal stimulation, canine therapy, therapy with horses and others. You will take part in activities outside placement (trips, walks, various events). You will also accompany and assist users during activities necessary for everyday life, such as basic education, development of motor skills, memory training, care of one's own body and appearance. You will cooperate with social workers and workers in social services. There will be an opportunity to make your own mini-project.



Challenges

Overcome the language barrier, overcome various prejudices and be prepared for individual work with the users according to your own imagination, the requirements of you as a volunteer or with the advice of the worker. It is necessary to 'tune in' to the service user, to be patient and emotionally stable and of course be proactive.



Your profile

The volunteer should have a little knowledge of the mental disability, or at least be comfortable with the fact that people with mental disabilities are part of the society - then they will be better able to work in this situation. It would be nice to have creative, extroverted and empathetic volunteer. Empathy is needed to overcome the language barrier - this is important. We will be also happy to have a responsible volunteer. It is hard and unpleasant to work with a demotivated volunteer who often gets sick.

