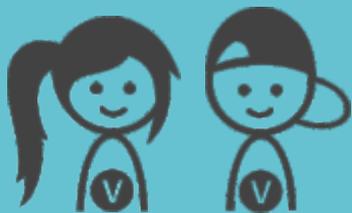




Schools in Český Těšín

Kindergarden and Primary School and Secondary School



Term project

1st September 2019
– 30th June 2020



Address

Třanovského 10, 737 01 Český Těšín
Dukelská 2096/5a, 737 01 Český Těšín



Target group

Children and adolescents with mental disabilities and physical disabilities

Activities

You will learn how to communicate with children with disabilities. You will learn about and learn to use some methods of working with them in practice (positioning, relaxation, helping with feeding, aiding pupils during performances, teaching, snoozelen, music therapy, canisterapie) and learn how to use the aids in working with pupils (tablets, light column, chimes); so you will gain experience of special education. You will be involved in music therapy (active, relaxing), playing drums and natural rhythmic musical instruments (guitar, djembe drums, rain sticks) and reading books. You will participate in performances within the school and for other organizations (about 8-10x during the year). You will participate in art therapeutic activities (to create decorations according to the season). You will also participate in projects such as "Sports and Dance to Health". You will have the opportunity to showcase your skills and your country - to present the life in your country, the traditions, culture and traditional foods in various activities (in the cooking hours or on the occasion of "Volunteer Day" and our twice a year "Cafe for Parents"). You will be able to speak English to pupils during English classes and will improve your Czech language too. You will work with a teachers and assistants and become familiar with the alternative forms of teaching. You will also learn work discipline and solve situations with patience and humour.



Challenges

The biggest challenge is a better understanding of yourself and a willingness to work through providing a service to pupils who are a difficult target group - they differ in their appearance, behaviour and thought from the general population, which can be difficult. We educate mostly pupils with mental, physical and combined disabilities or autism. Pupils do not speak English, some do not speak at all. The challenge is to maintain healthy attitudes towards pupils (without prejudice, regret, resistance) and to manage change in the workplace (teaching organization, grouping pupils). The volunteer may be in 3 classes as needed within one day.



Your profile

We expect a positive relationship with our target group - children with disabilities. You need to be open, empathetic and communicative. You also have to be responsible, physically and mentally resilient. As a volunteer you should be capable of teamwork, creative, cheerful and entertaining, friendly and not afraid to learn new things. You can (but do not have to) play a musical instrument or sing.

