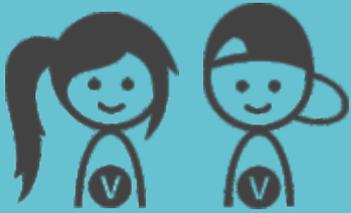




SILOE

Day care centre, respite services and housing for the people with memory disorders



Term project

1st September 2019
– 31st August 2020

Address

Rolnická 55
709 00 Ostrava – Nová Ves



Target group

People with
memory disorders



Activities

You will participate in individual and group activities to help and support our users. From the very first time you need to start establishing contacts and relationships of trust. Also, you will assist during various activities - listening and individual reading, solving crossword puzzles and working with spontaneous interaction. You will accompany users during walks within the centre and assist with moving them (just help with moving, not driving the car), short-term escorts and helping with dining. You will also participate in activities such as simple exercises with seniors, board games or assist in organizing one-off events within centre (thematic cooking, art exhibition, morning warm-up with users) or out of centre (social events like visit a candy museum) and also preparation of a music programme with dance therapy.



Challenges

Our service provides specific target group care – people with dementia (memory impairment) whom we accompany to the very end of life. Therefore, it is necessary to expect that you may encounter a non-cooperative or aggressive user. Clients are disoriented by time, space and often by people, so it is important for you to communicate with them verbally, therefore we appeal to you to learn the Czech, Slovak or Polish language. The members of the working team generally do not speak English.



Your profile

As a volunteer, you need to be active, independent, however you should be able to work in a team too – and to be flexible and punctual. Awareness of the diagnosis of Alzheimer's or vascular dementia (manifestation, etc.) would be helpful. You should also have some experience with work with seniors and preferably a personal conviction that you want to work with them. An empathic approach without prejudice to old and sick people is required.

